

Some Signs of Potential Learning Stress:

- ◆ Test anxiety
- ◆ Short attention span
- ◆ Lack of self-confidence
- ◆ Poor reading ability
- ◆ Poor reading comprehension
- ◆ Inability to finish projects
- ◆ Difficulty concentrating
- ◆ Spelling problems
- ◆ Letter or number reversal
- ◆ Overactivity/underactivity
- ◆ Poor hand/eye coordination
- ◆ Poor handwriting
- ◆ Restlessness or impatience
- ◆ Allergies
- ◆ Inappropriate drowsiness
- ◆ Mood swings
- ◆ Accident prone
- ◆ Eye strain
- ◆ Poor organizational skills
- ◆ Difficulty following directions
- ◆ Difficulty giving directions
- ◆ 'Giving up' on frustrating activities

These problems are potential indicators of learning difficulties, dyslexia, attention deficit disorder (ADD) with or without hyperactivity and are usually caused by *stress*, whether environmental, emotional or cultural.

SOUND HEALING With CRYSTAL ALCHEMY BOWLS

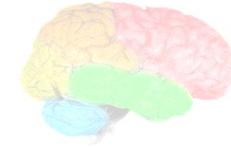
Enjoy the vibrational frequencies of assorted minerals combined with the quartz crystal singing bowls, as you are assisted in releasing issues that may be 'stuck' in your system. As you relax on a massage table, letting the sound of the singing bowls take your brain to an Alpha or Theta state, encouraging new neuronal pathways to form, one experiences enhanced well-being and reduction of stress. Sound carries through water, and since our bodies are approximately 75% water, the vibrations of the crystal bowls lead us to self-healing and inner transformation.

Sessions are recorded so you have a very personalized 'song' to relax to or meditate with whenever transformation calls you!

Tammie Bartlett holds a BBA from the University of North Dakota, and is certified in Body Alignment Technique, Crossinology Brain Integration Technique, and has studied a variety of other modalities to make her practice specialized for each individual's needs, especially in releasing emotional blockages. She has been a substitute teacher in D-11, D-20 and D-38 in Colorado Springs, and has personally been involved in Special Education for 13 years, having one of three sons with special needs. She has also been a licensed child care provider and worked administratively with Cub Scouts, Pack 67.

AMAZING BRAIN, LLC

THE LEARNING SOLUTION



“Tired of arguing about homework with your kids?”

***Optimizing Brain Function
in Children & Adults***

***For the correction of
Specific Learning
Difficulties, ADD, ADHD,
Dyslexia, Stress
Management, and
To improve:***

- ◆ **Learning ability & memory**
- ◆ **Self-confidence**
- ◆ **Job performance**
- ◆ **Creativity**
- ◆ **Physical Coordination**

INTEGRATING BRAIN FUNCTION & SYNCHRONIZING PROCESSING

Relieves Learning Stress

Based on principles of applied physiology and acupressure, (non-invasive and drug-free) Amazing Brain, LLC uses a comprehensive system, the Brain Integration Technique, designed to improve learning ability, creativity, and physical coordination by pinpointing stress in the brain that affects learning, and relieving these individual stress patterns. The technique specifically relieves stress as it affects aptitude, motivation and performance.

Stress Alters Brain Function

The human brain performs extremely complicated electro-magnetic functions and, like any other organ, shows symptoms of stress. Under stress, the brain's blood supply is redirected for 'fight' or 'flight' in the body, and the logic center or creative center simply shuts down. With the shutdown, the synchronization of brain function is lost and we just cannot 'think' clearly. Then we blame ourselves for not trying harder, or worse, not being intelligent enough, when the true culprit is *stress*. All too often we learn to 'switch off' when we could be enjoying the adventure of new experiences.

Brain Integration can help children and adults to re-pattern brain activity around these stress blockages and realize more of their potential.

What to Expect

Each client is treated on an individual basis, with corrective programs designed to meet specific goals. During a typical assessment, the client's history is taken, the specific stress patterns are evaluated, and the integration process is initiated.

Brain Integration corrections are made using muscle monitoring, acupressure, left/right brain integration, and emotional memory stress release.

Working in conjunction with teachers, tutors, psychologists and health professionals, Amazing Brain, LLC can help **students** achieve their potential with:

- ◆ reading skills and comprehension
- ◆ spelling
- ◆ mathematics performance
- ◆ creativity
- ◆ writing skills
- ◆ self-esteem
- ◆ behavioral problems relating to learning difficulties, emotional stress or environmental triggers.

Executives may want the Brain Integration techniques to maximize:

- ◆ organizational skills, including goal setting and planning
- ◆ creativity
- ◆ problem solving
- ◆ public speaking
- ◆ interpersonal relationships

Athletic ability can be enhanced using the Brain Integration techniques for children and adults. Hand-eye coordination, gross and fine motor skills, stamina and energy levels can often be balanced. Left/right brain integration is an integral part of sports performance and general coordination.

Brain Integration can also be very beneficial for those who do not have an 'official' diagnosis, but encounter 'everyday' types of frustrations, such as moodiness, trouble remembering names, disorganization, lack of confidence or lack of motivation.

Because Brain Integration corrections involve emotional memory stress release to re-pattern brain function around stress blockages, the technique may provide emotional stability and enhanced mental performance for those who have experienced personal trauma such as abuse or other post-traumatic stress disorders.

To make an appointment or receive more information about Brain Integration, Contact:

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