

## Some Signs of Potential Learning Stress:

- ◆ Test anxiety
- ◆ Short attention span
- ◆ Lack of self-confidence
- ◆ Poor reading ability
- ◆ Poor reading comprehension
- ◆ Inability to finish projects
- ◆ Difficulty concentrating
- ◆ Spelling problems
- ◆ Letter or number reversal
- ◆ Overactivity/underactivity
- ◆ Poor hand/eye coordination
- ◆ Poor handwriting
- ◆ Restlessness or impatience
- ◆ Allergies
- ◆ Inappropriate drowsiness
- ◆ Mood swings
- ◆ Accident prone
- ◆ Eye strain
- ◆ Poor organizational skills
- ◆ Difficulty following directions
- ◆ Difficulty giving directions
- ◆ 'Giving up' on frustrating activities

These problems are potential indicators of learning difficulties, dyslexia, attention deficit disorder (ADD) with or without hyperactivity and are usually caused by *stress*, whether environmental, emotional or cultural.

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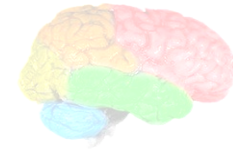
*“Changing the community,  
one brain at a time.”*

Susan J. McCrossin has been in practice since 1988. She holds advanced degrees in Neuroscience and Psychology from Swinburne University in Melbourne, Australia. Her theses involved original brain scanning research validating the efficacy of her Brain Integration Technique. She also received a Diploma in Applied Physiology from the International Institute in Arizona. In 1998 she founded the Learning Enhancement Center in Boulder, CO and teaches her technique in the USA and in Europe. Brochure is adapted from the Learning Enhancement Center.

Tammie Bartlett holds a BBA from the University of North Dakota, and is certified in Body Alignment Technique. She has been a substitute teacher in D-11, D-20 and D-38 in Colorado Springs, and has personally been involved in Special Education for 13 years, having one of three sons with special needs. She has also been a licensed child care provider and worked administratively with Cub Scouts, Pack 67. Tammie studied Crossinology Brain Integration Technique directly under Susan McCrossin.

# AMAZING BRAIN, LLC

*...unlock your potential*



## Crossinology® Brain Integration Technique

***For the correction of  
Specific Learning  
Difficulties, ADD, ADHD,  
Dyslexia, Stress  
Management, and  
Optimizing Brain Function  
in Children & Adults***

### To improve:

- ◆ **Learning ability & memory**
- ◆ **Self-confidence**
- ◆ **Job performance**
- ◆ **Creativity**
- ◆ **Physical Coordination**

## **Crossinology® Brain Integration Technique**

### **Relieves Learning Stress**

Based on principles of applied physiology and acupressure, (non-invasive and drug-free) Amazing Brain, LLC uses a comprehensive system, the Brain Integration Technique, designed to improve learning ability, creativity, and physical coordination by pinpointing stress in the brain that affects learning, and relieving these individual stress patterns. The technique specifically relieves stress as it affects aptitude, motivation and performance.

### **Stress Alters Brain Function**

The human brain performs extremely complicated electro-magnetic functions and, like any other organ, shows symptoms of stress. Under stress, the brain's blood supply is redirected for 'fight' or 'flight' in the body, and the logic center or creative center simply shuts down. With the shutdown, the synchronization of brain function is lost and we just cannot 'think' clearly. Then we blame ourselves for not trying harder, or worse, not being intelligent enough, when the true culprit is *stress*. All too often we learn to 'switch off' when we could be enjoying the adventure of new experiences.

Brain Integration can help children and adults to re-pattern brain activity around these stress blockages and realize more of their potential.

### **What to Expect**

Each client is treated on an individual basis, with corrective programs designed to meet specific goals. During a typical assessment, the client's history is taken, the specific stress patterns are evaluated, and the integration process is initiated.

Brain Integration corrections are made using muscle monitoring, acupressure, left/right brain integration, and emotional memory stress release.

Working in conjunction with teachers, tutors, psychologists and health professionals, Amazing Brain, LLC can help *students* achieve their potential with:

- ◆ reading skills and comprehension
- ◆ spelling
- ◆ mathematics performance
- ◆ creativity
- ◆ writing skills
- ◆ self-esteem
- ◆ behavioral problems relating to learning difficulties, emotional stress or environmental triggers.

*Executives* may want the Brain Integration techniques to maximize:

- ◆ organizational skills, including goal setting and planning
- ◆ creativity
- ◆ problem solving
- ◆ public speaking
- ◆ interpersonal relationships

*Athletic ability* can be enhanced using the Brain Integration techniques for children and adults. Hand-eye coordination, gross and fine motor skills, stamina and energy levels can often be balanced. Left/right brain integration is an integral part of sports performance and general coordination.

Brain Integration can also be very beneficial for those who do not have an 'official' diagnosis, but encounter 'everyday' types of frustrations, such as moodiness, trouble remembering names, disorganization, lack of confidence or lack of motivation.

Because Brain Integration corrections involve emotional memory stress release to re-pattern brain function around stress blockages, the technique may provide emotional stability and enhanced mental performance for those who have experienced personal trauma such as abuse or other post-traumatic stress disorders.

To make an appointment or receive more information about Brain Integration, Contact:

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